

## Diploma Outline

Assertiveness and Self-Confidence  
Teamwork and Team Building  
Time Management  
Interpersonal Skills  
Stress Management  
Job Search Skills  
Creativity & Innovation

Total Courses: 7 courses and a Youth  
Building Skills Case Study  
Courses Nominal Hours: 8 hours  
Total Nominal Hours: 56 hours  
Diploma Standard Price: £300

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NOTTING HILL  
COLLEGE

SCHOOL OF BUSINESS

## Youth Building Skills Diploma



## Youth Empowerment Programme

Consequences, sentencing programme and positive sanctions for young people  
Youth SEE how their TODAY will define their TOMORROW:  
They learn to better cope through improved self confidence and skills.

Developing personal skills required for youth to effectively deal with specific types of issues and interact in a positive way with others is now essential. Types of social skills targeted for development must include problem solving, decision-making, communication skills, conflict resolution and social resistance skills.

This programme's goal is to provide youth with executive education and training on interpersonal skills that will assist in changing the mental processes and interpersonal behavioral strategies that lead them to engage in serving their communities and plan for their future.

Activities and curriculum builds upon the importance of a well-balanced structure where activities promote life skills and enhance the personal, social, and emotional development of all children and youth.

This programme develops children and youth personal skills including promoting teambuilding, active listening, and a variety of communication strategies.

## Diploma Objectives

- Building self confidence.
- Improve the direction, motivation and goal achievement of a team.
- Increase competence and confidence when managing, influencing and leading teams and individuals.
- Work towards being unforgettable person.
- Promoting effective job search skills.
- Identify principles of creativity, innovation and serendipity to increase productivity and imagination.
- Apply stress management tools to getting more of what's important to be done in less time and gain the skills needed to perform effectively under high pressure.
- Implement time management strategies to control load.

## Who Should Attend?

Teenagers from thirteen to eighteen years old